

The background of the cover is a close-up photograph of a hand holding a white volleyball. The hand is positioned from the bottom left, with fingers wrapped around the ball. The volleyball has a textured surface and visible panel lines. The background behind the hand and ball is a solid blue color, with a thick, curved yellow and white border at the top and bottom edges of the frame.

LNA Competition Handbook



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Welcome to LNA Netball

Thank you for choosing Leschenault Netball Association (LNA). We welcome everyone who wants to be involved in netball – players, umpires, coaches, assistant coaches, team managers, volunteers, and committee members.

Our association values friendship, community spirit, teamwork, and respect to all members – from our volunteers to our umpires and parents/guardians. Our Volunteers and Life Members are active and engaged members in our organisation, as we are grateful and thankful for their outstanding contributions to the development of netball with us.



Our Structure – Board

LNA have implemented an organisational structure as part of our governance framework. The structure has been designed to ensure that LNA complies with it's statutory requirements and guides the Board in the management of the Association.

The Board comprises multiple positions who each have their own position description and areas of responsibility as part of the overall governance of the Association.

The Board works closely together to achieve the goals of the organisation and takes a collaborative approach to offering our members the best possible netball experience.

We cannot continue to operate without volunteers who are prepared to join the committee or take on an administrative role and we welcome volunteers with open arms.

Sub-Committees

- ✓ **Complaints Committee**
- ✓ **Competition Grading Committee**
- ✓ **Club Liaison Sub-Committee**
- ✓ **Umpire Sub-Committee**

Board Members

- ✓ **President**
- ✓ **Vice President**
- ✓ **Secretary**
- ✓ **Treasurer**
- ✓ **Weekday Court Manager**
- ✓ **Weekend Court Manager**
- ✓ **Association Umpire Development Officer (AUDO)**
- ✓ **Association Development Officer (ADO)**
- ✓ **NetSetGo Coordinator**
- ✓ **Property Manager**
- ✓ **Program Enhancement Coordinator**
- ✓ **Other Programs Coordinator**
- ✓ **Other Board Members**

Member Protection Officer

Remunerated Positions

- ✓ **Umpire Administrator**
- ✓ **Court Administrator/Coordinator**
- ✓ **Administrator**
- ✓ **NetSetGo Coaches**



Governance

A comprehensive selection of governance documents are available on our website.

LNA Governance

- ✓ Constitution
- ✓ By-Laws
- ✓ AGM Minutes
- ✓ Child Safety Policy
- ✓ Complaints Process
- ✓ Complaints Form
- ✓ Member Code of Conduct
- ✓ Coach Code of Conduct
- ✓ Rep Team Code of Conduct
- ✓ Rep Team Policy
- ✓ Umpire Code of Conduct
- ✓ Umpire Medical Consent
- ✓ Insurance Certificate of Currency
- ✓ Insurance Claim Procedure
- ✓ Injury Report Form

Other Governance

- ✓ Netball WA Policies
- ✓ Netball WA Insurance Form
- ✓ Netball WA Health Guidelines
- ✓ Netball Australia General Policies
- ✓ Netball Australian Integrity Policies
- ✓ Play by the Rules
- ✓ Working with Children
- ✓ Concussion Policy



Competitions

LNA offers the following player competitions:

LNA Competition Guide				
Competition	Year Group	Gender	Usual Playing Day *	Usual Playing Times*
NetSetGo Skills	Year 1	Female & Male	Friday	3:40 pm
NetSetGo Skills & Games	Year 2	Female & Male	Friday	3:40 pm
NetSetGo Competition	Year 3 & 4	Female & Male	Saturday	
Primary School Competition	Year 5 & 6	Female & Male	Saturday	
High School Competition	Year 7+	Female	Thursday or Friday	5:00pm 6:15 pm 7:30 pm 8:45 pm
Open Competition (Div 1 only)	Any	Female	Thursday or Friday	5:00pm 6:15 pm 7:30 pm 8:45 pm
Open Competition (Div 2 only)	Up to 19yo	Female	Thursday or Friday	5:00pm 6:15 pm 7:30 pm 8:45 pm
No Limits Competition**	12 yo +	Female & Male	Wednesday	3:30pm

Notes

*** Usual playing day and times are subject to grading divisions and number of teams playing in the competition. These are subject to change. Guarantees cannot be given for teams who have a preference of playing day.**

**** No Limits Competition is for participants with an intellectual or physical disability aged from 12 years of age.**

Competition Summary

NetSetGo

NetSetGo is netball's official starter program for kids aged 5-10 years old. This program provides players with the opportunity to learn netball basics, gain confidence, get active, make friends, and have fun in a safe and inclusive environment.

Registered NetSetGo Players will receive a participant pack upon redemption of their estore activation and store credit. This is administered by Netball WA, not LNA. All queries regarding participant packs should be sent to: netsetgo@netball.com.au.



NetSetGo Skills – Year 1

This starting point has children learning Netball skills via the use of fun based game activities. In Year 1, players do not need to form teams, participants join the LNA competition as individuals.

Participants should wear their NetSetGo T-Shirt (provided by Netball WA) or a comfortable shirt with either shorts, a skirt, leggings, or other comfortable attire. We recommend that participants wear appropriate footwear and bring along a drink bottle to each session.

NetSetGo Skills & Games – Year 2

This program builds on the skills learnt in Year 1 during the initial sessions with skills then progressing to a game situation. In Year 2, players do not need to form teams, participants join the LNA competition as individuals.

Participants should wear their NetSetGo T-Shirt (provided by Netball WA) or a comfortable shirt with either shorts, a skirt, leggings, or other comfortable attire. We recommend that participants wear appropriate footwear and bring along a drink bottle to each session.

NetSetGo Competition – Year 3

This competition starts with skills training provided by the Association and is then followed by game play under the NetSetGo modified rules.

Players are expected to change positions each quarter.

This is a team-based competition and players can choose to join as individuals (LNA will assist players to find a team), entity teams or join a club where they will be placed into a Club team.

NetSetGo Competition – Year 4

This competition is the next step up from the Year 3 competition and runs under the modified rules for the first half of the season with a progression to full netball rules in the second half of the season (except ring height which remains at the lower height).

This is a team-based competition and players can choose to join as individuals (LNA will assist players to find a team), entity teams or join a club where they will be placed into a Club team.

Both the Year 3 & Year 4 Competition engages modified rules to ensure children are not intimidated and can further develop their skills whilst having fun. The rules are modified as follows:

- a) *4 feet distance from a thrower***
- b) *Shorter ring height***
- c) *5 seconds to throw the ball***
- d) *Players are permitted to shuffle on their feet***
- e) *Strict 1 on 1 defence***
- f) *The centre pass is taken by the team that did not score the last goal***
- g) *Scores are recorded unless both teams prefer not to but there is no ladder***
- h) *Coaches are allowed on the court to help the children. [Over the season we expect coaches to start to remain off the court as much as possible, but they are permitted to run along the side-line to help players as required]***
- i) *Umpires or other LNA officials are permitted to interfere with the game to give teams and players a chance to shoot a goal or spread out – this is about helping kids to develop.***
- j) *Halfway through the season, Year 4 players transition to full netball rules***

Primary School Competition

This competition has been designed to cater for girls and boys in Primary School Year 5-6. Teams playing in this competition are subject to grading and thus teams can be a mixed age but cannot be less than that of a Year 5 school child unless pre-approved by the committee.

This is a team-based competition and players can choose to join as individuals (LNA will assist players to find a team), entity teams or join a club where they will be placed into a Club team.

Grading will be based upon the team's ability and the number of grades will vary depending upon the number of teams nominated in the current season. In general, all efforts will be made to make sure grades are even and divisions will be targeted at between 4-8 teams each. Grading will usually occur over the first two weeks of the season, after which time divisions will commence, however, teams may rotate to allow for further development.

Playing times will usually fall between 8am and 1pm on Saturdays, depending on the number of teams each season.

Coaches are expected to rotate players through all positions evenly and give all players even court time. LNA will monitor this process and teams may be gifted special awards in recognition of their team spirit and fairness. LNA wants all players to have a fair, fun and fulfilling netball experience so as to maximise those players returning to netball in the following season and for years to come. We appreciate our coach's cooperation in this regard.

The season ends with a round robin followed by a presentation. Finals are not played in this competition and Most Valuable Player's (MVPs) are not nominated or awarded.



High School Competition (Incl Open Players)

This competition has been designed to cater for children in their High School years 7-12 plus any female not at school but turning up to 18 years of age or turning up to 19 years of age if playing in Division 2. Division 1 is open to any female competitor (of any age).

This competition is aimed at providing all participants with a fun, competitive, professional playing environment. Depending on the number of nominated teams each season, games will be played over a Thursday and Friday evening. Typically the highest division games will be played on a Friday evening with the balance played on a Thursday evening. Guarantees cannot be given for teams who have a preference of playing day, the final grading position will determine the day that teams will play.

Playing times will vary depending on the number of teams participating each season but will generally follow the following guidelines:

- ✓ 5 pm
- ✓ 6:15 pm
- ✓ 7:30 pm
- ✓ 8:45 pm (Fridays only and only if required)

Playing times and days are subject to change at the committee's discretion.

Teams are graded in this competition, thus teams can be a mixed age but cannot be less than that of a female Year 6 school child unless pre-approved by the committee.

Grading will be based upon the team's ability and the number of grades will vary depending on the number of teams nominated each season. In general, all efforts will be made to make sure grades are even and divisions will be targeted at between 6-8 teams each. Grading will occur over the first 2-3 weeks of the season after which divisions will be set unless there are compelling reasons to readjust the grading.

The season ends with a series of finals, followed by a presentation.

During the year, coaches will choose a Most Valuable Player (MVP) & Runner-up MVP for the opposing team after each game played.

Joining the Competition

LNA offers several options for players wishing to participate in our competition. Players can join an already established Club or form their own 'entity team'.

Clubs

LNA welcomes all clubs to participate in our competition. LNA has several clubs that we are 'officially' affiliated with, with multiple other clubs/associations that also play at LNA on a regular basis.

Affiliated Clubs

- ✓ Eaton Netball Association
- ✓ Hawks Netball Club (players must be a Bunbury Cathedral Grammar School Student)
- ✓ HBL Netball Club
- ✓ MLC Netball Association
- ✓

Players must contact Clubs independently to obtain further information about their processes and joining the respective club.

Current Club contacts can be found on our website.



Entity Teams

Entity teams are teams whereby participants form a team themselves with a minimum of 8 players (without going through a Club) by gathering friends or classmates. Entity teams must provide their own coach (with minimum Foundation Coaching Accreditation) and Team Manager. Entity teams are responsible for organising their own uniforms in accordance with LNA's uniform guidelines. We recommend that you choose colours that are not already represented within the LNA Competition. Further information regarding uniform guidelines can be found in the Governance section of our website.

Individual Registrations

Players who do not have a team to play in may contact LNA requesting assistance to find them a team. LNA will contact affiliated Clubs and make every effort to assist the player to find a team. Please email: leschenaultnetball@gmail.com with your name, school, date of birth and contact information. We strongly encourage players to contact us early in the season for this option.

Registration



PlayHQ is a cloud-based platform chosen by netball's governing bodies to be utilised to administer our competitions and registrations. PlayHQ replaced 'MyNetball' in 2022.

Play HQ has a support centre that can help with issues for participants and administrators. If you are having trouble navigating PlayHQ or you come across an issue that you cannot resolve, we recommend that you access the support links on the PlayHQ website.

Club participants should obtain registration details directly from their Club registrar.

Entity teams should initially register their team and then invite their participants to register using the PlayHQ supplied registration link.

Kidsport Funding



Eligible children in Western Australia can receive up to \$150 per calendar year to assist them to cover the costs of joining any approved KidSport Club. Vouchers can be used across multiple KidSport Clubs, helping more children to get active and connect with community sport.

To be eligible for KidSport, applicants must be:

1. Aged 5 to 18 years of age
2. Be a resident of Western Australia
3. Be Named on a valid Health Care Card or Pensioner Concession Card
4. Be registering with a KidSport approved club.

LNA and its affiliated clubs are all KidSport approved.

You must apply for your KidSport Voucher prior to registering in PlayHQ. You will need your valid voucher code to enter into PlayHQ when registering. You should apply for the voucher by selecting your CLUB (if applicable). If you are not affiliated/playing with a club, select Leschenault Netball Association.

Further information can be found at the KidSport website.

<https://www.dlgsc.wa.gov.au/funding/sport-and-recreation-funding/kidsport/information-for-parents>.

LNA Fee Structure

LNA's fee structure changes each year, based on Netball WA & Netball Australia fees, and the LNA Board endorsed fee structure. LNA's fee does not include Club fees, which are added separately by each club during the registration process.

LNA's fee structure is reflected in our annual By-Laws document, which can be located on our website.

Below is a summary of the fee structure for 2023 as a guideline:

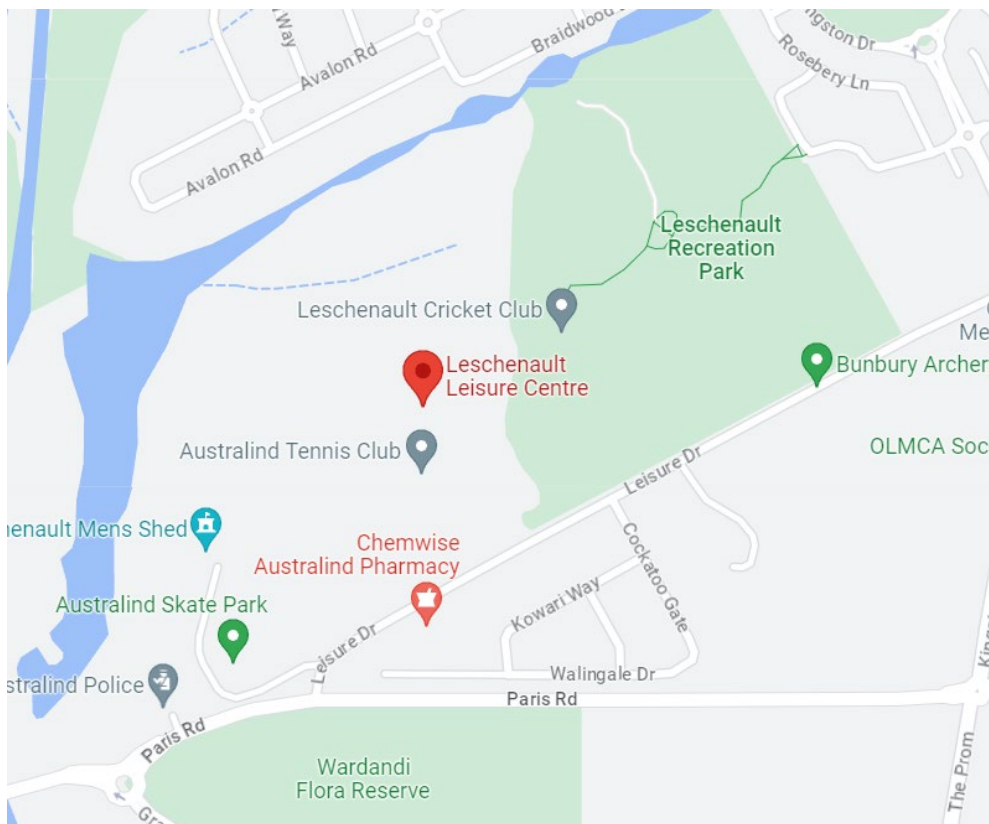
LNA Competition Fees Guide 2023				
<i>Competition</i>	<i>Age Group</i>	<i>LNA Fee</i>	<i>Netball WA & Netball Aus fees</i>	<i>Total Fees (Club fees N/A)</i>
NetSetGo Skills	Year 1	\$54.00	\$78.97	\$132.97
NetSetGo Skills & Games	Year 2	\$74.00	\$78.97	\$152.97
<i>Competition</i>	<i>Age Group</i>	<i>LNA Fee</i>	<i>Netball WA & Netball Aus fees</i>	<i>Total Fees (EXCL Club fees)</i>
NetSetGo Competition	Year 3 & 4	\$94.00	\$78.97	\$172.97
Primary School Competition *Players turning 10 in year 5	Year 5 & 6	\$118.00	\$78.97	\$196.97
Primary School Competition *Players turning 11-12 in year 5/6	Year 5 & 6	\$118.00	\$96.32	\$214.32
High School Competition * Players 11-17yo	Year 7+	\$128.00	\$96.32	\$224.32
Open Competition (weekday Div 1/2)	Senior	\$128.00	\$100.40	\$228.40

Please note that participants only pay the Netball WA/Australia fees once season. If you are already registered for a different competition, then those fees do not apply and only the LNA Fees will be charged at the checkout point.

Where do we play

LNA Competitions are played at Leschenault Leisure Centre (LLC).

Leschenault Leisure Centre
Leisure Drive, Australind WA 6233
PH: (08) 9797 4000
<https://www.llc.com.au/>



Grading Process & Fixturing

LNA has a Grading Committee and a comprehensive grading process to ensure that our competitions are even, as far as practicable. The grading process occurs across the first two or three playing days, which usually includes Mondays & Fridays (High School Competition) and Saturdays (Primary School Competition).

Teams are initially graded into groups based on the team's indicative division lodged at the time of registration, and the judgement of the committee based on prior history and other factors. Once this process is complete, the Court Administrator will publish the fixtures to PlayHQ.

Grading games involve two ten-minute halves with a 2 minute interval at half time. As grading games are played back-to-back, teams are encouraged to move onto their next court as soon as possible.

All teams and players must be available to play on every designated grading night, which is to ensure that the full team dynamics are assessed as part of the grading process. One player being absent may not impact the team's performance, but if that team is versing another team with players missing, this may have a significant impact on the overall grading process. It is imperative that coaches or team managers communicate any missing players to the Grading Committee as soon as possible to allow considerations to be made. We should be informed the players name, their usual playing positions and their skill and ability level.

Coaches are also requested to play their players in their usual playing positions wherever possible.

Following the first grading session, the grading committee reviews the results and determines the next round of team groupings. Some weekday teams (which the grading committee are confident about their placement) may not be called back to

grading for the second round. This is to reduce the number of teams being graded and hence reduce the late game times.

The second round of grading fixtures are uploaded to PlayHQ as soon as possible following the grading committee's decision. We understand that last minute fixtures can cause some angst, but we require this time to check and double check our scheduling to avoid re-grading issues further into the season. We thank our members for their patience during this process.

Following the second grading session, the Grading Committee again reviews their results. Usually, only two sessions are required for Saturday teams. Weekday teams will only be required to attend a third grading night if the Grading Committee are undecided on where some teams should be placed.

Following the finalisation of Saturday team placements, fixtures are uploaded to PlayHQ for players to access.

Round 3 grading fixtures are also uploaded to PlayHQ. Following the third grading session, the Grading Committee again reviews their results and decides on finals divisional splits. PlayHQ is updated and the next round fixtures will be available on PlayHQ. LNA usually opts not to publish full fixtures at this time in case there are some final modifications to divisional splits. If coaches believe that their teams have not been placed into an appropriate division, they are welcome to contact the ADO to discuss the matter. The ADO will forward the concerns to the Grading Committee for consideration.

Please note that after due consideration, the Grading Committee's decision is final.

The Grading Committee will continue to monitor divisions in the coming weeks and reserves the right to adjust grades if required. Teams are not disadvantaged in this process.

If divisions of 8 (ie 8 teams per division) are allocated, after each team in that division plays every other team, the division may be split into two whereby the top 4 teams stay in the current division and the bottom 4 teams are moved down one division.

Splitting divisions results in a fairer competition for the second half of the season, and gives every team a chance to partake in finals.

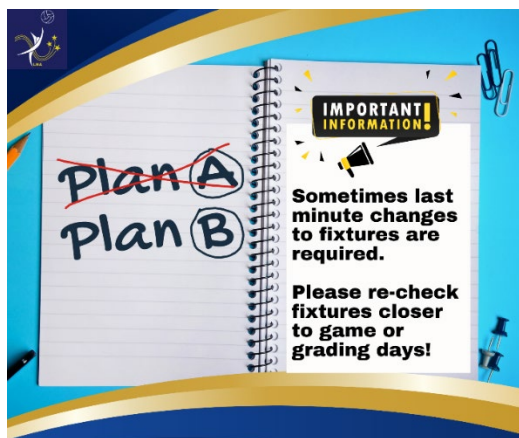
Fixturing & Results – PlayHQ



PlayHQ is a cloud-based platform chosen by netball's governing bodies to be utilised to administer our competitions, including fixturing of games.

Players (or parents/guardians), can login to their PlayHQ profile and check the upcoming fixtures, once they have been finalised by the fixturing administrator.

Coaches and Team Managers can also view fixtures (and their team registrations and player's details), provided they have selected 'Management Access' at the time of registration.



Viewing Fixtures – PlayHQ

<https://support.playhq.com/hc/en-au/articles/900003259426-Viewing-a-grade-s-fixtures-and-results>

Save a Direct Link to your Team – PlayHQ

<https://support.playhq.com/hc/en-au/articles/900005236043-Save-a-link-direct-to-your-team-s-fixture-and-results>

Game Day Requirements - Scoring

Every team must have a team manager who is responsible for communicating to the team and for arranging a delegated representative to score each game. The team manager may choose to undertake their scoring responsibilities themselves, delegate to someone each week, or prepare a scoring roster. We recommend that all parents/carers volunteer to score a game as early as possible. The younger age groups games are a great way to learn as the game progress is usually slower, and it is easier to 'get the hang of it' during these games. LNA provides 'How to Score Guides' to assist scorers with this task.

A scorer from each team is required to be seated together ready to score prior to the game commencing. Scores must check at all players are listed on the score sheet (including fill-in or borrowed players) and complete positions for each player for every quarter. Scorers are also required to record cautions, warnings, and suspensions as well as centre passes.

One scorer is responsible for using the electronic scoring device, whilst the other is responsible for manually scoring each game on the supplied score sheet. The team listed first on the score sheet should generally undertake the scoring on the score sheet, however scorers can determine who takes on which role amongst themselves. Scorers should check with each other throughout the game to confirm that they have the correct score.

Fill-in Players

A fill-in player is a player who is registered in another team that plays at LNA in a lower division than their fill-in team. [Refer to By-laws for further clarification]. These players do not need to pay a fee at the court box, but their name, and usual team must be recorded on the score sheet in the 'fill-in players' section prior to the game commencing.

Borrowed Players

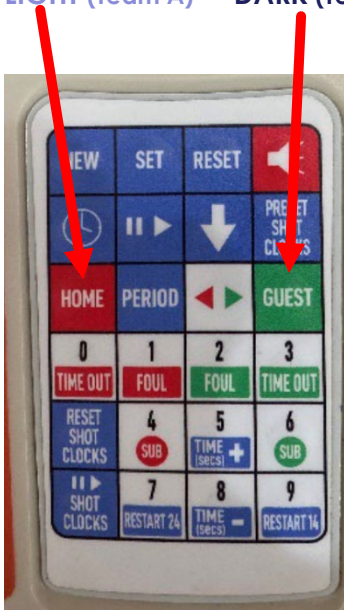
A borrowed player is a player who is not registered in the LNA competition. Borrowed Players must pay the relevant fee at the court box and obtain a receipt. The receipt must be attached to the score sheet, and the borrowed player's name must be completed on the score sheet in the fill-in players' section prior to the game commencing.

Electronic Scoring Devices

The electronic scoring devices are set up by the umpires. The team listed first on the score sheet is the HOME/LIGHT team, and the second team is the GUEST/DARK team, regardless of uniform colour.

To add a goal, simply press the 'Home' (Light) or 'Guest' (Dark) button once. Check the score entered by observing the score board at the end of the court and cross check this score with the manual score sheet.

LIGHT (Team A) DARK (Team B)



Reminder

The team listed as Team A on the score sheet must be shown as light on the electronic score board.

Team A = Light Team B = Dark

Leschenault Netball Association / Weekday Junior Year 6 and above

LNA U12 Rep Team		vs	LNA U13 Rep Team		Referee
TEAM	TEAM		TEAM	TEAM	GAME CODE
Winter 2022	Division 9	LLC / CRT01	31 Mar 2022	7:00 pm	1
SEASON	DIVISION	COURT	DATE	TIME	ROUND

Team A: LNA U12 Rep Team				Team B: LNA U13 Rep Team			
PLAYER NAME				PLAYER NAME			
1	Jenay Smith	FB in Position for each quarter	GO	GO	GO	GO	GO
2	Abby Rodgers			1	Jenay Smith	FB in Position for each quarter	GO
3	Amy Jones			2	Tegan Rogers		
4	Serena Williams			3	Molly Jones		
5	Gleam Steven			4	Inoogen Williams		
6	Ash Tena			5	Jenama Steven		
7	Ceryn Wastell			6	Georgia Tena		
8	May Bean			7	Gleam Wastell		
				8	Greta Bean		
9							
10							
11							
12							

Rollings Substitutions (Rolling Subs)

If you have scored in the Netball/Football Competition, you will be familiar with how to include rolling subs on the score sheet. If rolling subs are new to you, we are here to help!

The below score sheet demonstrates how to show changes in positions for rolling subs.

A few tips/tricks:

- You only need to record the first rolling subs position change on the score sheet, irrespective of how many times players roll on or off
- If a player rolls off the court (and does not return) you must indicate this with a '-' (as per Amy Jones Q1 below)
- If a player stays in the same position for an entire quarter, show this by leaving the bottom section blank (as per Sienna Williams Q1 below)
- It is important to record rolling subs accurately due to the correlation to LNA's borrowed player rules and finals qualifications rules
- When recording rolling subs, it is helpful to know the names of each player on the team
- **LNA encourages and expects fair and equitable court time for all players, and rolling subs will be monitored for fairness.**

LNA BYLAWS

Section 35 - Rolling Subs

Substitution during play

(b) Each time a player is rolled off it counts as half a quarter with a maximum of 1 quarter per quarter, irrespective of how many times they are rolled on and off.

Note: Rolling Subs will not be permitted on grading days.

Team A: LNA U12 Rep Team		Q1	Q2	Q3	Q4
1	Jenny Smith <i>Fill in Position for each quarter</i>				
2	Abby Rodgers				
3	Amy Jones	GK -	- GS	WD	- WD
4	Sienna Williams	C	WA GA	-	C GS
5	Giaan Steven	GD	GA WA	GK	WA
6	Ash Tena	/	/	/	/
7	Demi Wastel	/	/	/	/
8	May Bean	/	/	/	/
9					
10					
11					
12					



ROLLING SUBS
RECORDING

Most Valuable Player (MVP) Weeknight Competition Only

At the conclusion of every game, the Coaches will allocate MVP points to players from the opposing team.

The coach will record a '2' next to the MVP player's name, and a '1' next to the Runner-up MVP player's name.

Players who receive a warning during ANY game are ineligible for MVP Points.



Coaching

Coaches must be a minimum of 16 years of age. Coaches under the age of 18 require an adult team manager who attends most trainings and games. If they cannot be at a game, another adult must act in their place. It is also strongly recommended that all coaches have their team manager or another parent present during training sessions.

Coaches are required to ensure all LNA's By-laws are fully understood and form part of their coaching protocols. In particular, they are required to ensure all players understand they are to listen to the umpire and fully respect their decision. Coaches are also required to ensure all players understand umpire's hand signals.

Coaches must remain stationary (sitting or standing) on the sideline* within your bench area and cannot move up and down the sideline. Due to central timing, no coaching can take place during injury time and players must stay in their positions.

*NetSetGo games do allow coaches on court, however, this should be kept to 1 coach per team, and they must try to not interfere with play. After 4 weeks coaches should stay off the court as much as possible to allow the game to flow but are permitted to walk up and down the court.

Year 4 team coaches should start to remain stationary by the second half of the season when the modified rules are progressed to full rules. This will mean they can no longer walk up and down the court.

According to Netball WA rules, players are required to call injury/illness time themselves, so once players are playing in the Year 5/6 competition, coaches should encourage them to call time themselves.

All coaches (from 2024) must have a minimum Foundation Coaching Accreditation. This is an online course provided by Netball Australia via the Netball Learning Centre.

 <https://learning.netball.com.au/login/index.php>





LNA Coaches **Getting Started Guide**

Foundation Coaching

Foundation Coaching Course is for beginner coaches ie NetSetGo & Club

1. Complete & pass your 'Rules of Netball' Exam via the online Netball Australia Learning Platform. '

Approximate Cost \$12.50*.

**Keep a copy of your receipt for reimbursement from LNA.*

<https://learning.netball.com.au/login/index.php>

2. Complete your 'Foundation Coach Accreditation' via the online Netball Australia Learning Platform.

Approximate Cost \$77.00*.

**Keep a copy of your receipt for reimbursement from LNA.*

<https://learning.netball.com.au/login/index.php>

3. Email a copy of both your certificates and receipts to LNA, together with your bank details and LNA will reimburse you for the cost of both. **

***conditions apply - you must be a current or prospective coach coaching within an LNA competition.*

Email: leschenaultnetball@gmail.com

4. Enjoy coaching and all the rewards that coaching will bring to you! Access our coaching resources on our website to assist you.

5. Consider upskilling to your Development Coaching Accreditation.



LNA Coaches **Getting Started Guide**

Development Coaching

Development Coaching is a requirement to coach at Championship Events eg Association/South West Championships or higher levels eg Footy/Netty.

Prerequisites - Successful completion of the online 'Foundation Coach Course & the 'Rules of Netball Exam'.

1. Complete any pre-requisites required.

- Rules of Netball Exam - approximate Cost \$12.50
- Foundation Coach Course - approximate Cost \$77.00

<https://learning.netball.com.au/login/index.php>

2. Complete both components of the course:

- 'Development Online' Course via the online Netball Australia Learning Platform.
- 'Development Practical Workshop'.

Total Aproximate Cost of both components \$137.00

**Keep a copy of your receipt for reimbursement from LNA.*

<https://learning.netball.com.au/login/index.php>

3. Email a copy of your certificates and receipts to LNA, together with your bank details and LNA will reimburse you for the cost of both. **

***conditions apply - you must be a current or prospective Development coach coaching within an LNA or associated competition.*

Email: leschenaultnetball@gmail.com

4. Enjoy coaching at this higher level and marvel at the development of your players over the season. This is truly a very rewarding journey.

5. Consider upskilling to your Intermediate Coaching Accreditation.

Team Managers

Team Managers are an important part of any netball team. It is the team manager's responsibility to:

- Assist the coach as required
- Communicate with team members
- Score games, or coordinate scoring rosters for their team
- Be present at training wherever possible
- Arrange uniforms

Team Managers should be 18 years of age or older.

Parent/Guardian Responsibilities

Parents/Guardians are responsible for directly always supervising their children whilst attending an LNA Competition. For their own safety, children are not permitted on the court surface, including behind the goals. At times, the bottom courts (Courts 3 & 4) may not be in use by LNA. Parents are requested to advise their children that these courts are out of bounds as they are not monitored by LNA representatives during this time. Thank you for your cooperation.

Court Safety

Spectators are requested to remain off the courts during games. Spectators should be seated as far back from the sidelines as possible to allow umpires (and/or trainers) to move freely down the court.

Code of Conduct – Members & Spectators

LNA members & spectators are required to abide by our Code of Conduct Policy which outlines the expectations of all participants and spectators whilst attending an LNA Competition.

Persons in breach of our Code of Conduct will be issued with a warning and asked to adjust their behaviour, or for serious misconduct, may be asked to leave the centre.

Code of Conduct breaches by Players (which results in a suspension) shall have all MVP votes forfeited up to the time of their suspension.

Code of Conduct breaches will also incur penalties/fines as described in the By-laws.

Under **NO CIRCUMSTANCES** are any spectators, players, coaches, managers or other persons are to approach any LNA person be it a player, umpire, coach, spectator or other for the purpose of laying a complaint directed at them or someone else. Providing advice as to how to play etc is also not permitted unless it is the coach or team manager of a team providing such advice to their own players. Most LNA Members are children, and as such they can sometimes make an error in judgement. For this reason, all complaints must be directed to the LNA Supervisor on duty in the court box. A breach of this is considered a breach of LNA's code of conduct and shall be dealt with accordingly.

YOU CHOOSE, I CHOOSE, WE

**CHOOSE
RESPECT**





www.playbytherules.net.au

I will

- Act within the rules and spirit of the game
- Promote fair play over winning at all cost
- Encourage and support others
- Respect officials' and coaches' decisions
- Thank players, coaches and officials

I won't

- Use bad language or harass or abuse anyone
- Criticise or ridicule anyone's performance
- Lose control of my emotions
- Be dishonest or show unsporting behaviour
- Be disrespectful

Play by the Rules is supported by
Australian, State and Territory Governments



Complaints

All complaints must be dealt with in accordance with LNA's Complaints Policy. Our full complaints policy and formal complaint form can be found on our website.

Club members must lodge complaints through their own club, and not directly to LNA. All complaints received by LNA which are initiated by a club team/player/member/spectator will be referred to the relevant club. The club will review the complaint and consider whether a formal complaint will be lodged with LNA.

LNA adopts a Complaints Committee comprising the President, Vice President, ADO & Umpire Coordinator. This committee convenes to investigate all formal complaints and determine the relevant outcome based on LNA policies, procedures and any relevant governing bodies policies and procedures.

LNA welcomes feedback involving umpires decisions, however NO FORMAL COMPLAINT will be accepted by the committee regarding umpires making decisions or mistakes whilst umpiring.

Umpires

LNA has an excellent umpire training and development program. Our aim is to develop our umpires in a friendly, safe environment whilst teaching them a range of skills from basic up to 'C' badge level. The umpires are mentored by our Badged Training Officers who are overseen by the Committee and our Umpiring Coordinator (AUDO).

All umpires (unless already badged) must start at the 'Green Shirt' trainee level at LNA.

After meeting the minimum qualification process, 'Green Shirt' umpires will umpire on Saturday mornings and then progress through to Thursday night games and when competent enough Friday night games will be the next progression.

Once the AUDO certifies that the umpire meets the requirements of a 'Green Shirt Umpire' they progress to a 'Blue Shirt Umpire'.

All umpires must agree to and abide by the Umpires Code of Conduct and ensure all required components of LNA's umpiring program are met ie annual registration, rules of netball exam etc.

Getting Started as an Umpire

LNA accepts 6 new trainee umpires each year under a 'first in' basis for selection, with a minimum starting age of 12 years old. To register your interest in our umpiring program, you must first complete and pass the online 'Rules of Netball Exam' and send the certificate to LNA (leschenaultnetball@gmail.com). Upon receipt of the certificate, you will be added to the wait list to join our program. Please note that there could be a 2 year or more waiting period for this program.

RULES OF NETBALL EXAM LINK BELOW

<https://learning.netball.com.au/login/index.php>





LNA Umpires **Getting Started Guide**

1. Complete your 'Rules of Netball' Exam

Email the certificate to:

lna.umpire@gmail.com & leschenaultnetball@gmail.com.

You are now on the waiting list pending the next intake of trainees

2. You will be contacted by LNA when you reach the top of the 'Green Shirt' waiting list.

You must be 12 years old, or turning 12 in the current season to commence training.

3. Register into the program via your online learning link by searching for Green Shirt Program.

4. Complete the beginners training as provided by the LNA Trainers.

5. Obtain your 'Green Shirt' for \$10 deposit. This must be worn whilst training.

Note: \$5 will be refunded at the end of the season if the shirt is returned in reasonable condition.

6. Advancement to 'Blue Shirt' is recommended

An appropriately qualified trainer will recommend the advancement to the 'Blue Shirt' level. The Umpire Coordinator will make the final decision on the advancement recommendation.

Umpires at this level must be able to control a game in the lowest levels of our Thursday night competition.

7. Umpires continue at 'Blue Shirt' level until they are ready to attempt their 'C' Badge.

Note: New umpires to LNA who can provide evidence that they are already badged ('C' or above) are not required to undertake the above program. All other umpires (regardless of their current or former training status) will commence the program at 'Green Shirt Level'.

Communication

LNA uses several means of communication with our members:

- Email correspondence (a program linked to PlayHQ)
- Facebook and/or Instagram posts
- Newsletters

We understand that communication can be a little overwhelming at times, particularly when it is coming from clubs, LNA and all the other businesses and associations that contact you, but we ask that you ensure that you read all correspondence from us to ensure that you are kept up to date with changes on a regular basis. Thank you for your patience and understanding.

We aim to provide our newsletter every month during the season, and two-three monthly in the off-season. This is a vital source of information, By-Laws and registration reminders, important dates and LNA news. Your feedback is always welcome!

Representative Netball

LNA offers Representative (aka Development) netball opportunities every year. To be eligible to participate in the Rep program at LNA, participants in U11, U12, U13 & U14 age groups must be playing at LNA within the domestic competition in either a club or entity team.

LNA understands that U16 & U20 players may not be playing in the domestic competition due to South West Netball/Football team commitments. LNA may therefore have different prerequisites for these players, provided they have played within an LNA Rep team in past years. Please refer to the current Representative Policy for clarification or discuss your situation with the Association Development Officer (ADO).

For all age groups from U12-U16, participants must be available to play in both Championship Competitions (carnivals) in the same year. Association Championships are usually held in Perth on the June long weekend each year. This competition runs from Saturday through to the Monday Public Holiday. South West & Peel Regional Championships are usually held in late July over a Saturday and Sunday in Bunbury or Busselton.

Representative Netball is a level above club netball whereby players are coached by Development Accredited Coaches who have undertaken specialist training to enhance their players skill levels and tactical play. Players will trial within their age group and they are assessed against other participants trialling for a place in the program.

Our representative program is dependent on qualified coaches volunteering to coach a team or teams. Without coaches, we are unable to offer this program, so we recommend that parents seek to undertake their Development Coaching Accreditation as their child nears Representative Age (U11) to ensure that we have coaches willing to assist each year.

Representative (Rep) players train for 6-10 weeks from April/May until South West & Peel Regional Championships in July, usually with breaks for school holidays. These players are expected to attend most training sessions in order to keep their place in their Rep team.

There is an additional cost to be part of the Rep squad to cover court costs, uniform hire, carnival fees etc.

Our U11 players are usually invited to participate in our U11 Academy around June/July in readiness for a 'friendlies' carnival which is usually held in August each year. The commitment for these players is much less, as the carnival is all about participation and fun, and giving the players a 'taste' of Rep netball in a far more informal environment.

Sponsorship

LNA is a not-for-profit organisation, and hence we rely on fund-raising efforts to gather additional revenue to keep our fees as low as possible and/or to fund special activities or purposes.

We offer Sponsorship packages to potential business partners.

If any of our members are business owners or know of a business who may be willing to sponsor LNA in the future, or if your employer is looking for local sporting groups to sponsor, we would appreciate any referrals which will help us to gain sponsorship.



Sponsorship Packages

Thank you for considering sponsorship of the Leschenault Netball Association. The following Sponsorship Packages are currently offered to potential business partners.

Gold Sponsor \$1000+

- Prominent positioning of (and larger size) company logo advertised in newsletter
- Social Media acknowledgement (minimum 4 per annum)
- Company logo displayed on web page
- Invitation to display marketing banner and/or information at events throughout the season
- Automatic invitation to sponsor future events

Silver Sponsor \$500+

- Second priority positioning of company logo advertised in newsletter
- Social Media acknowledgement (minimum 2 per annum)
- Company logo displayed on web page
- Invitation to display marketing banner and/or information at events throughout the season
- Automatic invitation to sponsor future events

Bronze Sponsor \$250+

- Company logo advertised in newsletter
- Social Media acknowledgement (minimum 1 per annum)
- Company logo displayed on web page

If you wish to take advantage of the packages offered, please complete the below confirmation and email it to leschenaultnetball@gmail.com.

How you can help

There are many ways that you can help the Association

- ✓ Join the committee, or take on an Administration position
- ✓ Help out in the court box (paid role)
- ✓ Talk to your boss/other business owners about considering becoming a sponsor.
- ✓ Offer constructive feedback to the committee.
- ✓ Offer to coach a team.
- ✓ Offer to assist your child's coach on training days.
- ✓ Reinforce the code of conduct to your child/ren.
- ✓ Consider completing your Foundation Coach Accreditation
- ✓ Consider completing your Development Coach Accreditation
- ✓ Volunteer as Team Manager for your child's team
- ✓ Advise friends/family (spectators) of LNA's Code of Conduct and Child Protection Policies
- ✓ Supervise your children whilst at LLC during competition/training days.
- ✓ Share the LNA experience with friends and family.



Further Information

Further information can be found on our website, or by emailing us:

leschenaultnetball@gmail.com

Thank you for supporting LNA.